



## PACKING LIST FOR SAINT-DONAT TRIP - THINGS TO BRING!

- Clothing: Comfortable clothes following school dress code  
Jeans, track pants, leggings  
Sweaters, turtlenecks and warm shirts  
Warm snow boots are mandatory for outdoor activities  
Shoes for indoor activities at the lodge (slippers for in your room if you like)  
Thermal underwear (2), Warm socks (4)  
Ski jacket, ski pants, hat(s)/toque(s), scarf/neck warmer, ski goggles  
Winter gloves or mitts (2 pairs)  
Flashlight / headlight for evening outdoor activities / in the room at night (optional)
- Helmets: Skiers and snowboarders: wear a CSA approved Snowsport helmet as per School Board regulations and OPHEA guidelines.  
Helmets are available to rent at Ski Garceau with advanced reservation only  
Helmets are also mandatory for skating
- Wrist guards: It is mandatory that snowboarders wear wrist guards.  
\*If renting Snowboard equipment, wrist guards are included in your rental package  
Wrist guards can be rented from Mont Garceau upon arrival, pending availability
- Health Card Health Card # (OHIP) provided to teacher  
Photocopy accepted at hospitals – name, number and expiry date must be legible
- Luggage: One backpack aboard the motor coach for trip to Saint-Donat  
One suitcase per person in luggage compartment (no hockey bags please)  
Ski or snowboard equipment (optional)  
Pillow for extra comfort (optional)  
\*\*Please store your money in your backpack, not in your checked luggage\*\*
- Food: Snacks from home **for the motor coach only:**  
Refillable water bottle, packed lunch if applicable  
**NO NUT PRODUCTS OR GUM PLEASE!**
- Toiletries: Shampoo, deodorant, soap, hair dryer (please share with roommates)
- Spending money: Students should bring \$10-\$15 per day for lunches and dinner on return trip
- Electronics: Label all personal items including your camera, cell phone, chargers  
Cell phone usage: please follow your school's policy regarding their use

**PLEASE LEAVE JEWELRY AND OTHER VALUABLES AT HOME**

**VOYAGES OF DISCOVERY / VOYAGES DE DÉCOUVERTES**

738 Notre Dame Street, Suite 2A, Embrun ON K0A 1W1  
1-800-718-1785 [www.perspectives-edu.com](http://www.perspectives-edu.com)